

NOV 18 – NOV 22

Weekly Menu



18/11 Monday

19/11 Tuesday

20/11 Wednesday

21/11 Thursday

22/11 Friday

Social Kitchen - Monday: 10:15am to 1:30pm; Tuesday to Friday: 10:45am to 2:30pm

Meal A Takeaway : \$40 Dine-in : \$37	Yeung Chow Fried Rice 	Chicken a-la-king W/ Penne OR Rice 	Teriyaki Chicken Steak w/ Rice	Sweet & Sour Pork w/ Rice 	Tori Karaage w/ Cross-trax Fries [\$46]
Meal B Takeaway : \$40 Dine-in : \$37	Beef Stroganoff w/ Rice OR Spaghetti 	Lemongrass Pork Chop w/ Rice	Pork Shogayaki w/ Rice	Stir-fried Egg Noodle w/ Chicken 	Sichuan Shredded Pork in Garlic Sauce w/ Rice (Yu Xiang Rou Si)
Meal C Takeaway : \$37 Dine-in : \$34	(Vegan) Omni-Meat Chili-con-carne w/ Rice 	(Vegan) Aloo Gobi w/ Rice 	(Vegan) Braised Tofu w/ Assorted Mushroom in Miso Sauce, Rice 	(Vegan) Shiitake Lentil Bolognese w/ Rice 	(Vegan) Sichuan Stir-fried String Bean w/ Dried Tofu, Rice

Bowl - Monday: 12:15pm to 1:15pm; Tuesday to Friday: 1:15pm to 2:15pm

Bowl \$40	Japanese Chicken Curry Rice 	Pho Thap Cam	Japanese Char Siu Ramen		Sichuan Spicy Boiled Beef w/ Noodle
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Leo's Café - Monday: 7:30am to 3:00pm; Tuesday to Friday: 7:30am to 4:00pm

Salad Box \$36	Grilled Bacon Caesar 	Japanese Soba Noodle in Yuzu Dressing 	(V) Potato & Apple Salad in Thousand Island Dressing 	Mixed Green Salad w/ Chicken in Italian Dressing	Tuna Nicoise
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Piazza Pizza – Monday: 12:15pm to 1:15pm; Tuesday to Friday: 1:15pm to 2:15pm

Pizza A \$29	Bolognese Pizza 	Pizza Carbonara (IDEA by Teresa CHOW Y11) 	Bolognese Pizza 		Teriyaki Chicken
Pizza B (Vegetarian) \$29	(V) Margherita 	(V) Trio Cheese/ Marinara 	(V) Portobello 		(V) Trio Cheese/ Marinara



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



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Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Social Kitchen															
Meal A	Yeung Chow Fried Rice			Chicken a-la-king w/ Penne OR Rice			Teriyaki Chicken Steak w/ Rice			Sweet & Sour Pork w/ Rice			Tori Karaage w/ Cross-trax Fries		
	172	5	6	132	6	5	156	7	4	167	5	6	259	10	15
Meal B	Beef Stroganoff w/ Rice OR Spaghetti			Lemongrass Pork Chop w/ Rice			Pork Shogayaki w/ Rice			Stir-fried Egg Noodle w/ Chicken			Sichuan Shredded Pork in Garlic Sauce w/ Rice (Yu Xiang Rou Si)		
	146	4	5	155	7	5	163	6	5	156	6	7	164	6	6
Meal C	Omni-Meat Chili-con-carne w/ Rice			Aloo Gobi w/ Rice			Braised Tofu w/ Assorted Mushroom in Miso Sauce, Rice			Shiitake Lentil Bolognaise w/ Rice			Sichuan Stir-fried String Bean w/ Dried Tofu, Rice		
	153	6	4	121	3	4	123	4	3	143	4	3	130	5	5
Bowl															
Bowl	Japanese Chicken Curry Rice			Pho Thap Cam			Japanese Char Siu Ramen						Sichuan Spicy Boiled Beef w/ Noodle		
	122	5	4	100	6	3	136	5	4				181	8	8
Leo's Café															
Salad Box	Grilled Bacon Caesar			Japanese Soba Noodle in Yuzu Dressing			Potato & Apple Salad w/ Thousand Island Dressing			Mixed Green Salad w/ Chicken in Italian Dressing			Tuna Nicoise		
	201	7	15	111	3	3	149	1	7	126	5	4	122	8	5



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